

# LONDON'S FOOD CHARTER

## VISION: London is a food secure community.

### What is a Food Charter?

A Food Charter identifies the fundamental principles shared by the community in relation to food security. It will guide and inform all levels of government, businesses, non-profit organizations, communities, families and individuals by linking sustainable food security policies to community action.

**London's Food Charter** emerged from the community's shared priorities of eliminating poverty and increasing healthy eating.

### Who will benefit from the Food Charter?

ALL LONDONERS!

### Did you know?

- ❖ Only 40% of children and youth eat the recommended daily serving of fruit and vegetables.
- ❖ An increasing number of Londoners lack one of the key components of health and well-being – food security.

### Food security

When all people, at all times, have physical, social and economic access to sufficient, safe and nutritious food to meet their dietary needs and food preferences for an active and healthy life. (Source: Declaration of the World Summit on Food Security, 2009).



### London's Food Charter Commitments:

In order to support a healthy community, the London community will work together to:

1. Assess existing food-related policies, programs and services and develop new ones as required.
2. Develop strategies to eliminate food deserts in London.
3. Support an ecological and economically viable food system which includes local farmers, producers, businesses, and consumers and is in balance with global food systems.
4. Develop education and awareness strategies to encourage all members of the community to expand and integrate nutritious food options into daily activities.
5. Bring people together through food in celebration of culture and diversity.

To implement the above commitments, the London community will:

- Establish an accountability structure responsible for overseeing the principles of the Food Charter;
- Encourage cross-sectoral collaboration and partnerships in developing food system solutions; and
- Evaluate and assess activities on an ongoing basis.

*Government, businesses, non-profit organizations, communities, families and individuals all have a role to play in improving food security.*

For further information or a copy of London's Food Charter, please email [cyn@london.ca](mailto:cyn@london.ca).