



# Guacamole

## Ingredients

- **3** ripe avocados, skin and pit removed
- **1** bunch of cilantro chopped finely (both the leaves and stems can be used)
- **Juice of 1** lime (add a little bit at a time to ensure desired taste is achieved)
- Optional: 1 tomato, diced and 1-2 cloves of garlic, minced.

## Directions

1. Using a fork, gently mash the avocado into a medium bowl.
2. Add the remaining ingredients and gently mix together.

\*If the guacamole is not going to be used immediately, place the pit into the bowl and place in the fridge to prevent browning.